

Best Practices for Food and Drink

Eating and drinking with others is still considered a high-risk activity. Please make sure to practice caution and follow these best practices when conducting this activity.

Before Eating or Drinking

1. Wash your hands for 20 seconds or more or use a hand sanitizer (60% alcohol+) before you eat or drink.
2. Clean and disinfect the area.

While Eating or Drinking

1. Eat outside and alone when you can.
2. If you eat inside, eat alone and remain in your designated area. Do not eat/drink and walk around.
3. If you eat in a breakroom or shared area:
 - a. Sit alone at a table.
 - b. Keep a minimum of 6 feet distance between yourself and others. 8 to 10 feet distance is optimal.
4. Order boxed lunches and distribute after meetings. Do not consume meals at meetings.
5. Avoid buffets and shared foods such as potlucks.



After Eating or Drinking

1. Clean and disinfect the area.
2. Wash used, non-disposable food service utensils with dish soap and hot water.
3. Wear a face mask when not eating or drinking.

Visit the [COVID-19 Resource Center](#) for related information and important safety videos.

Questions? Contact EHS@usc.edu, covid19@usc.edu, or the COVID-19 hotline 213-740-6291.